

KS1 PSHE and Citizenship

Living in the Wider World - Aiming High

Guide for Parents and Carers

This term, your child's PSHE and Citizenship topic is 'Aiming High'.

In this unit of work, children will learn about having high aspirations. They will start by discussing positive views of themselves and will then identify how having a positive learning attitude can help them tackle and achieve new learning challenges and improve learning outcomes. Opportunities will also be provided for children to share aspirations for the future, with regard to employment and personal goals. Through this learning we will consider different jobs and roles. In doing this, we will explore some of the difficulties faced by stereotyping. Children will also have the opportunity to discuss what they are looking forward to about their learning next year.

We will be exploring these questions:

- Lesson 1:** What are our star qualities? What star qualities would we like to develop?
- Lesson 2:** What is a positive learning attitude? How can a positive learning attitude help us?
- Lesson 3:** What kinds of jobs do people do? What do we want to be when we grow up?
- Lesson 4:** Are some jobs for some people and not others? Can we give reasons for our opinions?
- Lesson 5:** What are our goals for the future? How can we achieve our goals?
- Lesson 6:** How might next year be different from this year? What are we looking forward to about next year?

Your child will be taking part in a range of activities, including the following:

Collaborative group tasks, sorting activities, guessing games, partner and group discussion and role play.

About PSHE and Citizenship Education

PSHE stands for Personal, Social, Health and Economic Education. It is an important part of the school curriculum that aims to teach children the knowledge and skills that they need to stay safe, happy and healthy, while preparing them for their life ahead.

We understand that some parts of the PSHE and Citizenship curriculum involve exploring sensitive or controversial issues. That's why all adults involved in delivering your child's PSHE and Citizenship education will make every effort to establish a supportive and positive environment for learning.

Children will be given opportunities to ask any questions they may have and adults in the class will set aside time to explore any questions or issues that are raised in the course of the lesson.

If you have any questions or concerns regarding your child's PSHE and Citizenship lessons, or anything else, please don't hesitate to let us know.