

Relationships – TEAM

PSHE and Citizenship | KS1 | Planning Overview

About the Topic

This unit is inspired by the idea that if a team works well together, it can have a positive impact on all of its members and what they can achieve. It aims to enable the children to develop successful collaborative working skills, such as good listening. In this unit, children learn about the importance of being kind to others, the effects of bullying and teasing what to do about it if they see it happening to others or if it happens to them. They will also think about effective learning skills and how to identify good and not-so-good choices.



Home Learning

Kind at Home: In this activity, children think of a way they can be kind at home and draw a picture of the kind act they performed.

School Uniform: In this activity, children think about what it means to belong and design a new school uniform for the school.



Wider Learning:

Draw on the lessons within this unit beyond the classroom, for example, on the playground, on school trips, at whole school events, so the children have the behaviours reinforced in different environments.

Health & Safety

Ensure children are safe when using scissors. Ensure Internet safety when using websites, games and activities.

Assessment Statements

All children should be able to...

- talk about the different teams they belong to;
- describe how we can listen to others;
- list some ways we can show kindness to others;
- discuss examples of friendly joking, teasing and bullying behaviours;
- identify helpful and not-so-helpful thoughts;
- talk about different choices we can make within our team.

Most children will be able to...

- name the teams they are part of and talk about how it feels to be part of these teams;
- explain why listening to each other is important;
- explain the importance and benefits of showing kindness;
- talk about what we can do if we are being bullied or see this happening to others;
- identify helpful thoughts that we can use to create a positive mindset;
- explain the effect our choices can have.

Some children will be able to...

- take part in a discussion about how it feels to be part of a team;
- discuss how good listening can help a team work together well;
- describe how kindness can help our team;
- describe the difference between joking, teasing and bullying behaviours;
- explain a range of strategies to create a positive learning mindset;
- explain how good choices can benefit our team;
- discuss responsibilities we have to our team and to wider society.

This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#).

Lesson Breakdown

Resources

1. Together Everyone Achieves More

R1. about the roles different people (e.g. acquaintances, friends and relatives) play in our lives

R2. to identify the people who love and care for them and what they do to help them feel cared for

R23. to recognise the ways in which they are the same and different to others

L4. about the different groups they belong to

I can talk about the teams I belong to.

- Examples of team symbols that are familiar to the child, such as the school uniform and the school logo or a local football team scarf

- Scissors

- Glue



2. Listening

R22. about how to treat themselves and others with respect; how to be polite and courteous

R24. how to listen to other people and play and work cooperatively

I can be a good listener.

- Interlocking cubes

- Colouring pencils

- Clipboard – one per child



3. Being Kind

R7. about how to recognise when they or someone else feels lonely and what to do

R21. about what is kind and unkind behaviour, and how this can affect others

R22. about how to treat themselves and others with respect; how to be polite and courteous

I can explain how to be kind and why it is important.

- Whiteboards and pens - class set



4. Bullying and Teasing

R9. how to ask for help if a friendship is making them feel unhappy

R10. that bodies and feelings can be hurt by words and actions; that people can say hurtful things online

R11. about how people may feel if they experience hurtful behaviour or bullying

R12. that hurtful behaviour (offline and online) including teasing, name-calling, bullying and deliberately excluding others is not acceptable; how to report bullying; the importance of telling a trusted adult

I can talk about unkind behaviour like teasing and bullying.

- Whiteboards and pens - class set



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Lesson Breakdown

Resources

5. Brilliant Brains

H23. to identify what they are good at, what they like and dislike

L14. that everyone has different strengths

I can explain how to be a positive learner.

- Whiteboards and pens – class set
- Sticky notes



6. Making Good Choices

H23. to identify what they are good at, what they like and dislike

R21. about what is kind and unkind behaviour, and how this can affect others

R22. about how to treat themselves and others with respect; how to be polite and courteous

R24. how to listen to other people and play and work cooperatively

I can identify good and not-so-good choices.

- Colouring pencils



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