



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1	Fundamentals : Unit 1	Gymnastics : Unit 1	Dance : Unit 1	Games : Unit 1	Ball Skills : Unit 1
Reception	Introduction to PE : Unit 2	Fundamentals : Unit 2	Gymnastics : Unit 2	Dance : Unit 2	Games : Unit 2	Ball Skills : Unit 2
Year 1	Fundamentals	Athletics	Target Games	Invasion Games	Striking and Fielding Games	Net and Wall Games
	Ball Skills	Sending and Receiving	Gymnastics	Gymnastics	Dance	Dance
Year 2	Fundamentals	Athletics	Target Games	Invasion Games	Striking and Fielding Games	Net and Wall Games
	Ball Skills	Sending and Receiving	Gymnastics	Gymnastics	Dance	Dance
Year 3	Fundamentals Y3/4	Athletics	Ball Skills Y3/4	Rounders	Dodgeball	Tennis
	Dance	Dance	Gymnastics	Gymnastics	Football	Basketball
Year 4	Swimming	Athletics	Rugby	Rounders	Hockey	Tennis
	Fitness	Dance	Gymnastics	Gymnastics	Football	Cricket
	Dance					
Year 5	Swimming	Athletics	Volleyball Y5/6	Rounders	Dodgeball	Tennis
	Fitness	Dance	Gymnastics	Gymnastics	Football	Netball
	Dance					
Year 6	OAA	Athletics	Rugby	Rounders	Hockey	Tennis
	Dance	Dance	Gymnastics	Yoga	Football	Cricket