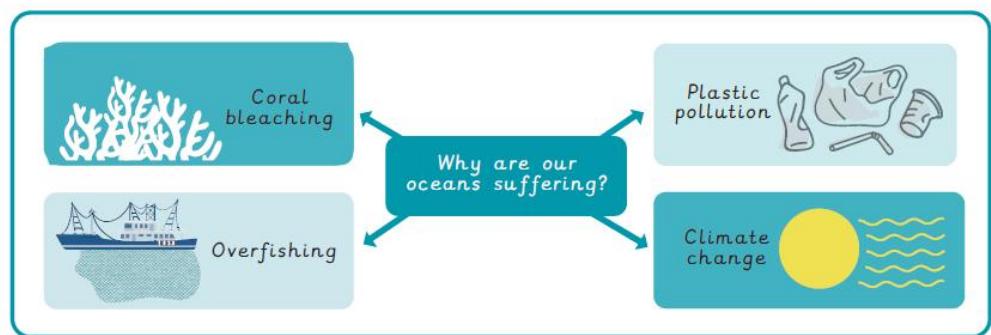
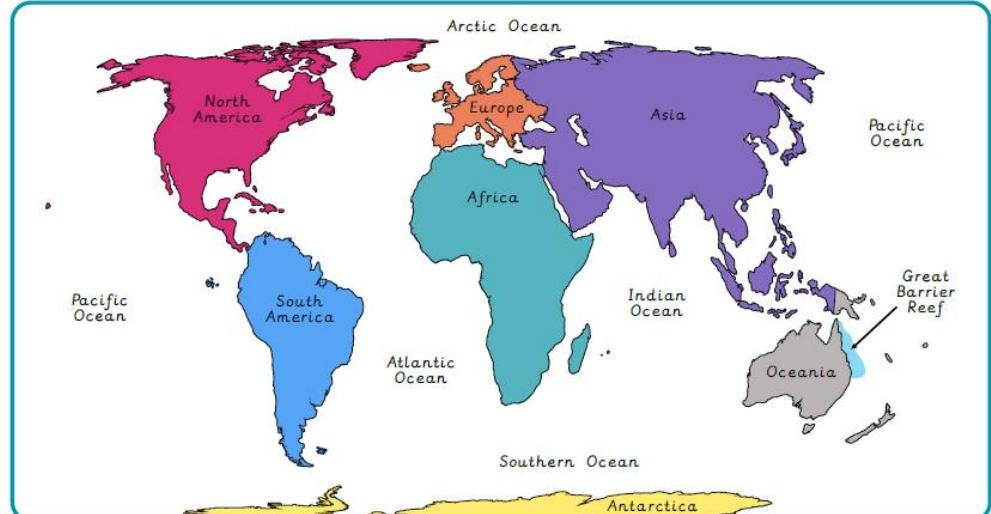


## Why do oceans matter?

### Ways to support a healthy ocean:

- Trying to avoid buying single-use plastics.
- Recycling any plastics where possible.
- Only buy what you need.
- Buying second-hand.
- Re-using or re-purposing items.
- Teaching others about the ocean.
- Only buy the seafood you need.
- Trying to use natural fertilisers in gardens.
- Walking or cycling if you can.



### Why are oceans important?

- They are used for trading between countries.
- Ocean currents influence our weather.
- They provide food and jobs.
- They are used for fun activities.
- They give us ingredients for medicine.
- They absorb carbon dioxide and warm our planet.
- Coral reefs act as a buffer to natural disasters.
- Coral reefs are home to a quarter of our marine species.



### ocean current

The movement of a large area of seawater driven by the wind, gravity and water density.

### coral reef

A large rock structure in the ocean formed by corals.

### coral bleaching

A process which turns coral white, losing its colour.

### marine

Relating to the ocean.

### threat

Something likely to cause damage.

### microplastics

Tiny pieces of plastic created from plastic waste.

### acidification

The process of making something acidic.

### overfishing

The number of fish decreases as a result of extreme amounts of fishing.

### biodegradable

When something naturally breaks down and returns to nature.

### Marine Protected Area

A designated geographical area of the ocean that is protected and managed.

### single-use plastic

Plastic only used once and then thrown away.